

IMPLICACIÓN DE LOS NETs EN EL PRONÓSTICO DEL ICTUS ISQUÉMICO

RICORS-ICTUS

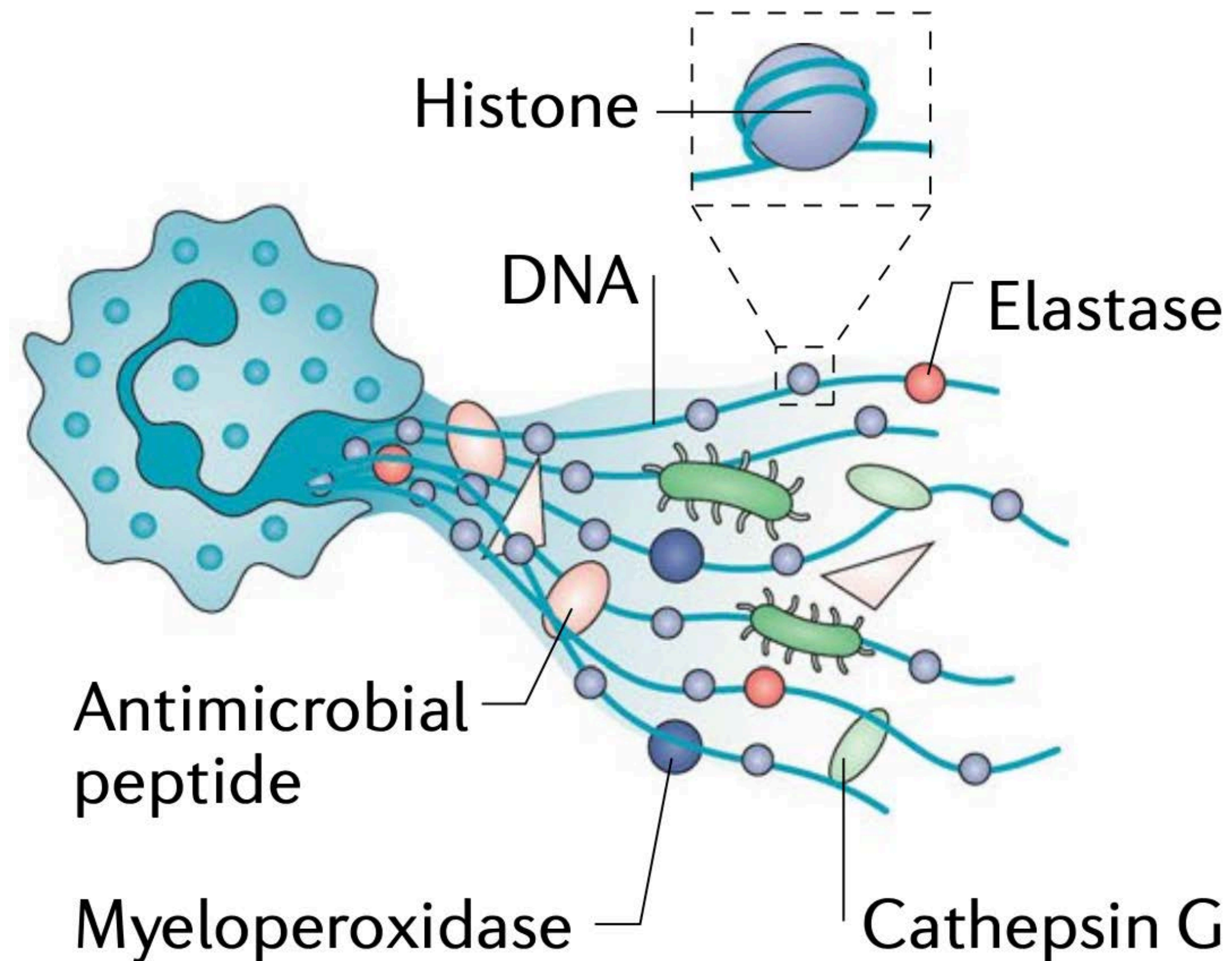


Instituto de Salud Carlos III



Instituto de Investigación
Hospital 12 de Octubre

- ¿Qué es un NET o trampa extracelular de neutrófilo?



Mecanismo de inmunidad innata

- Defensa contra patógenos
- Deletéreo en patologías inflamatorias

Antecedentes en ictus isquémico

- Promoción de inmunotrombosis
- Estabilización del trombo (?)

REPORTS **Science**

Neutrophil Extracellular Traps Kill Bacteria

Volker Brinkmann,¹ Ulrike Reichard,^{1,2} Christian Goosmann,^{1,2}
Beatrix Fauler,¹ Yvonne Uhlemann,² David S. Weiss,²
Yvette Weinrauch,³ Arturo Zychlinsky^{2*}

REVIEWS

nature reviews immunology

Neutrophil extracellular traps in
immunity and disease

Venizelos Papayannopoulos



Las redes extracelulares de neutrófilos (NETs) tienen un papel importante en la fisiopatología del daño tisular tras ictus isquémico y por tanto, se asocian al pronóstico de la enfermedad. De esta manera, pacientes con mayores niveles de NETs tendrán una peor evolución neurológica y funcional.

- **Inclusion Criteria**

- Age ≥ 18 years old
- Patients suffering ischemic stroke
- ≤ 9 hours since onset of symptoms / Wake-up stroke (established neurological symptoms assessed by NIHSS)
- Previously independent patients (previous modified Rankin Score ≤ 2)
- Patients admitted to the Stroke Unit

- **Exclusion Criteria**

- Transitory Ischemic Attack or lacunar infarction.
- Bleeding secondary to underlying traumatic injury or subarachnoid hemorrhage
- Stroke, myocardial infarction, major surgery or systemic infection in the last 3 months
- Severe systemic disease: cancer, chronic kidney disease undergoing hemodialysis, liver failure
- Systemic inflammatory disease that is active or under treatment
- Pregnancy or puerperium
- Participation in other analytical research studies such as an acute phase clinical trial

Nuestra base de datos

Episode Information

1. Date and time of onset / last time seen well
2. Known-onset / Wake-up Stroke
3. Treatment: tPA, thrombectomy
4. Infarct Volume (cc): MRI DWI (admission) or CT control scan (48h)
5. Occlusion territory
6. Etiology (atherothrombotic, cardioembolic, unknown, mixed causes)
7. ASPECTS (MCA territory)
8. TICI score (if thrombectomy)
9. Hemorrhagic transformation
10. Door-to-needle time
11. Door-to-puncture time
12. Time to reperfusion

Sample Processing information

1. Blood extraction time
2. Blood processing time

Patient Data and History

1. Age
2. Sex
3. CV Risk factors: smoking, alcohol use, hypertension, dyslipidemia, DM2, Afib
4. Previous medication: previous anticoagulant/antiplatelet agents
5. Mechanical valve prosthesis
6. History of prior hemorrhagic/ ischemic stroke
7. History of myocardial Infarction
8. Peripheral arterial disease
9. CKD

Neurological Status Scores

1. NIHSS (ER)
2. NIHSS (Stroke Unit)
3. Previous mRS
4. 3 month mRS

ER Constants and Blood Tests

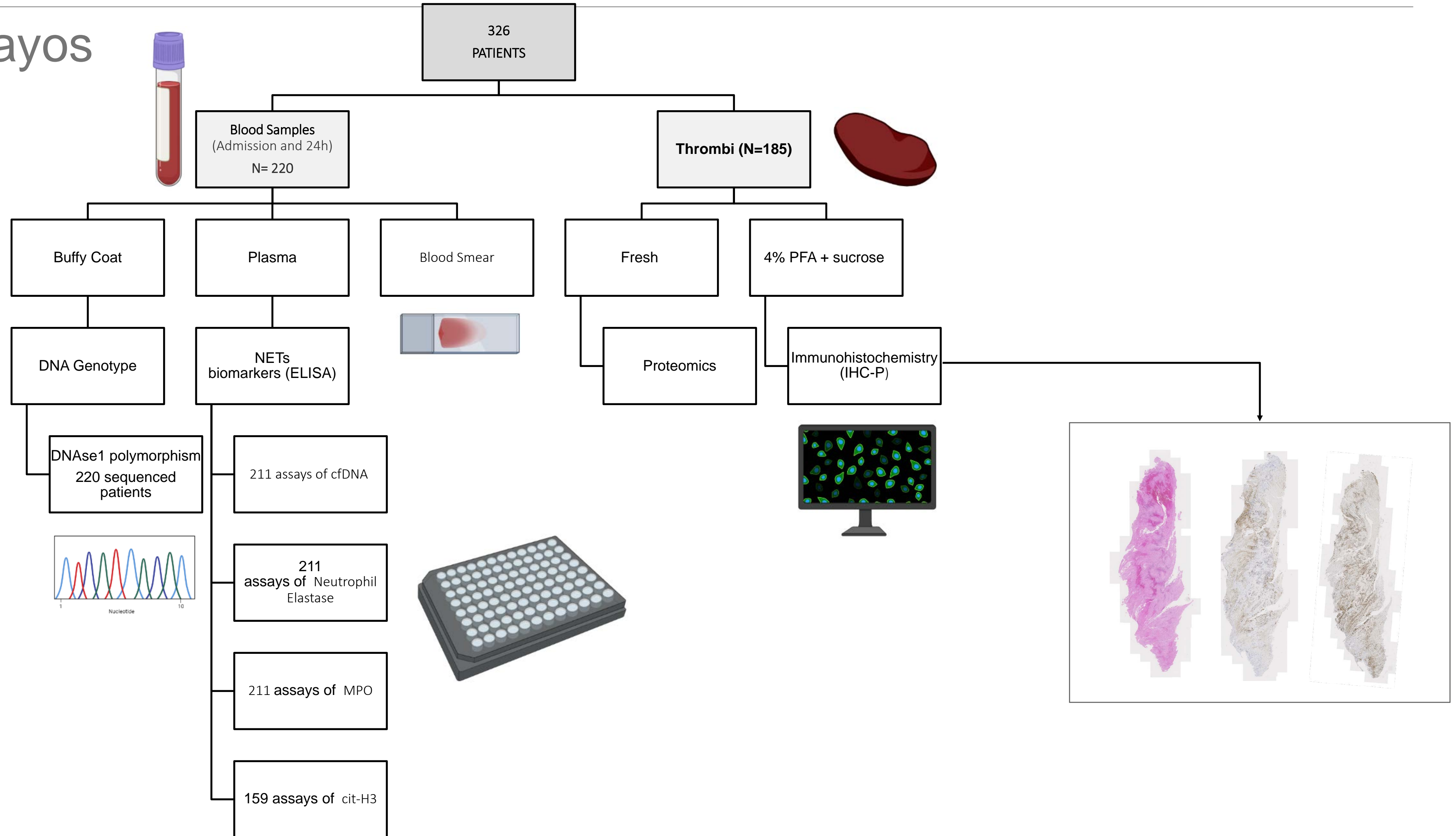
1. Blood Pressure Readings (ER)
2. Blood test Biochemistry panel, cell counts and coagulation parameters (ER and at Stroke Unit)
 1. Creatinine
 2. Glucemia
 3. C Reactive Protein
 4. Leukocytes
 5. Neutrophils
 6. Lymphocytes
 7. Monocytes
 8. Platelets
 9. INR

NETs Studies

1. Plasma NETosis Biomarkers
 1. Cit-Histone 3
 2. Myeloperoxidase
 3. Neutrophil Elastase
 4. Cell-free dsDNA
2. DNase1 Polymorphism Phenotype
3. Thrombi Composition Determination: IHC-P and Proteomics



Nuestros ensayos



Proyecto NETsTROKE

Introducción

Diseño

Biobanco y ensayos

Resultados Preliminares

Futuras perspectivas

NIGHT (6:01 pm - 5:59 am)

60 pacientes



DAY (6:00 am - 6pm)



159 pacientes



WAKE-UP STROKE

61 pacientes



73 pacientes <65 años

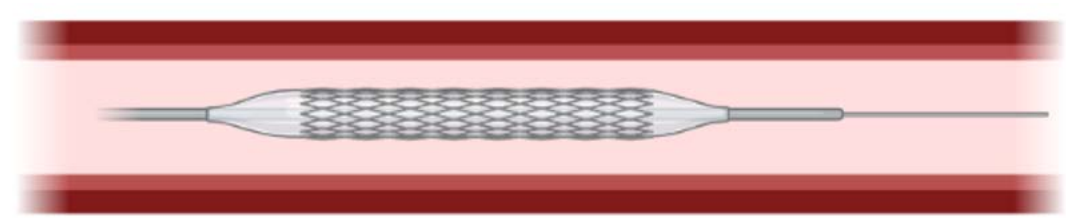


252 pacientes ≥65 años

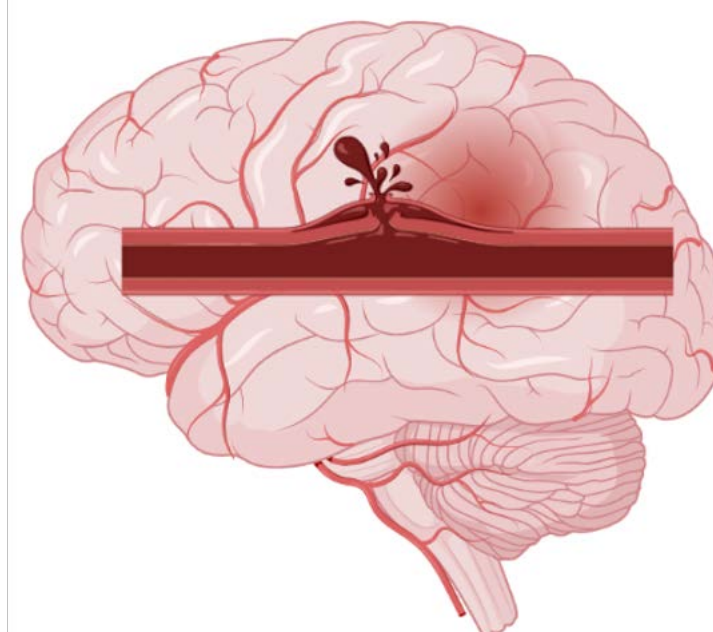


151 pacientes TICI 2c-3

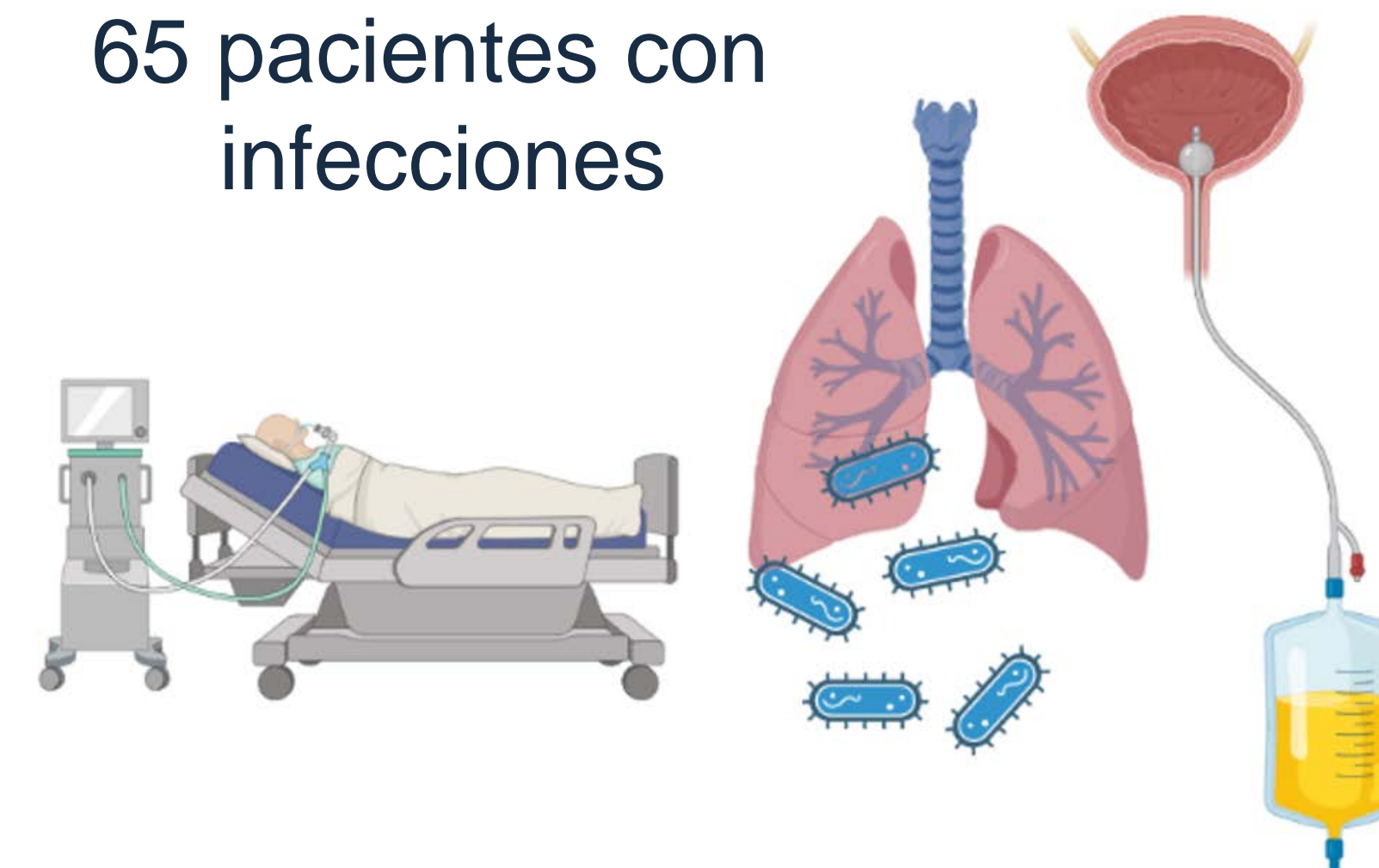
52 pacientes TICI 0-2b



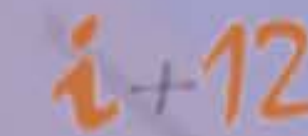
34 pacientes con transformación hemorrágica



65 pacientes con infecciones



NETs as markers of ischemic stroke prognosis

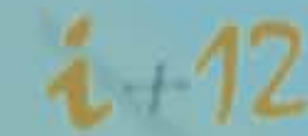


A.Moraga, B. Diaz-Benito, Ll. Alzamora, C.Marcos, C.Peña-Martínez, F.Ostos, A.Martínez-Salio, M.A. Moro, I. Lizasoain



Neurovascular Research Unit at Fundación Investigación i+12 (Hospital 12 de Octubre)

DNase1 polymorphism role in NETs levels and infarct volume after stroke



B. Diaz-Benito, Ll. Alzamora, A. Moraga, A. García-Culebras, P. Mosquera, L.Roca, P.Calleja, M.A. Moro, I. Lizasoain



Neurovascular Research Unit at Fundación Investigación i+12 (Hospital 12 de Octubre)

NETs and post-stroke infections



Ll.Alzamora, A.Moraga, B. Diaz-Benito, C.Lopez-Ponce, P. Martín, V.Duran-Laforet, M.A. Moro, I. Lizasoain



Neurovascular Research Unit at Fundación Investigación i+12 (Hospital 12 de Octubre)



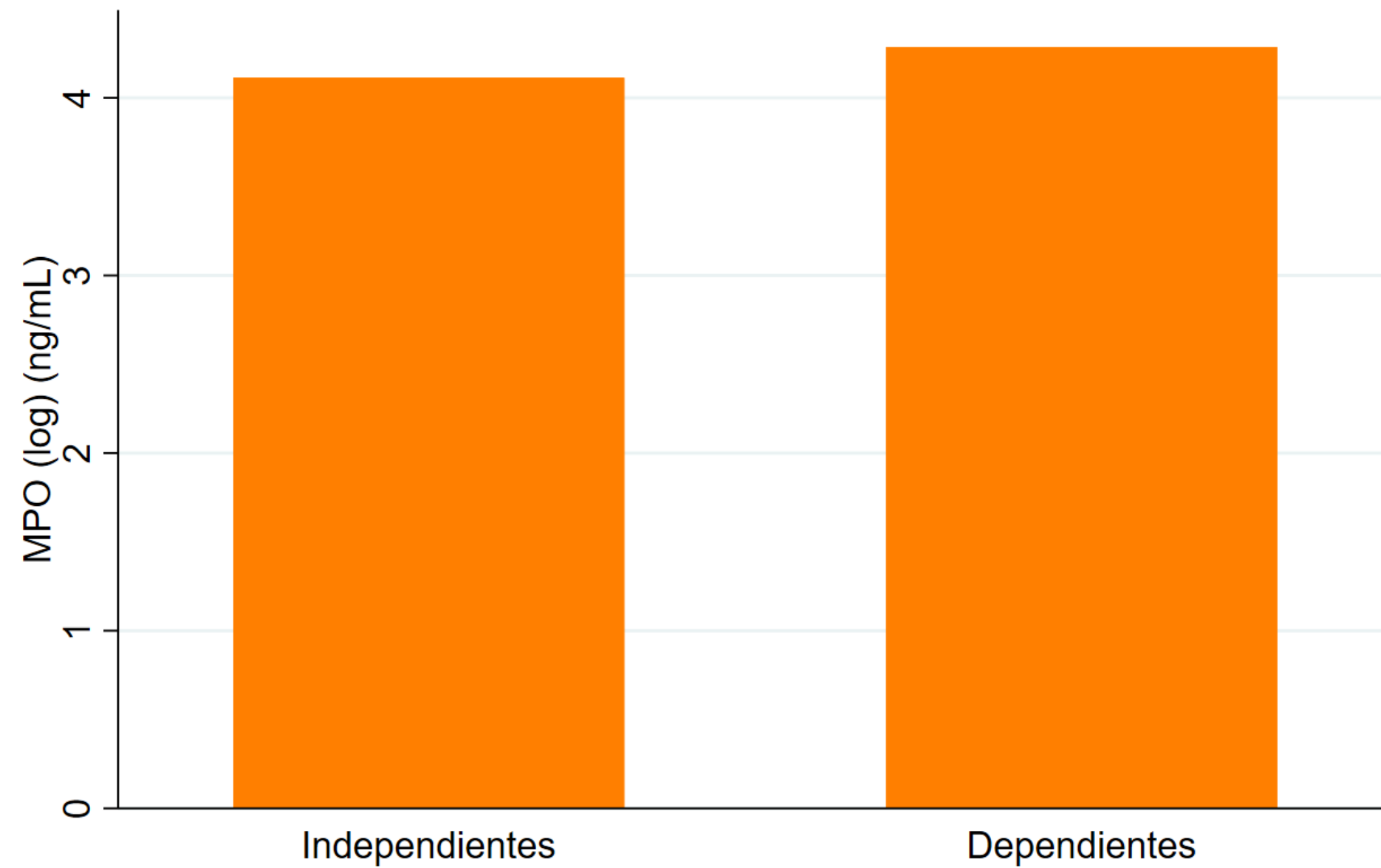
The Voice of Stroke in Europe

NETs como biomarcadores de pronóstico

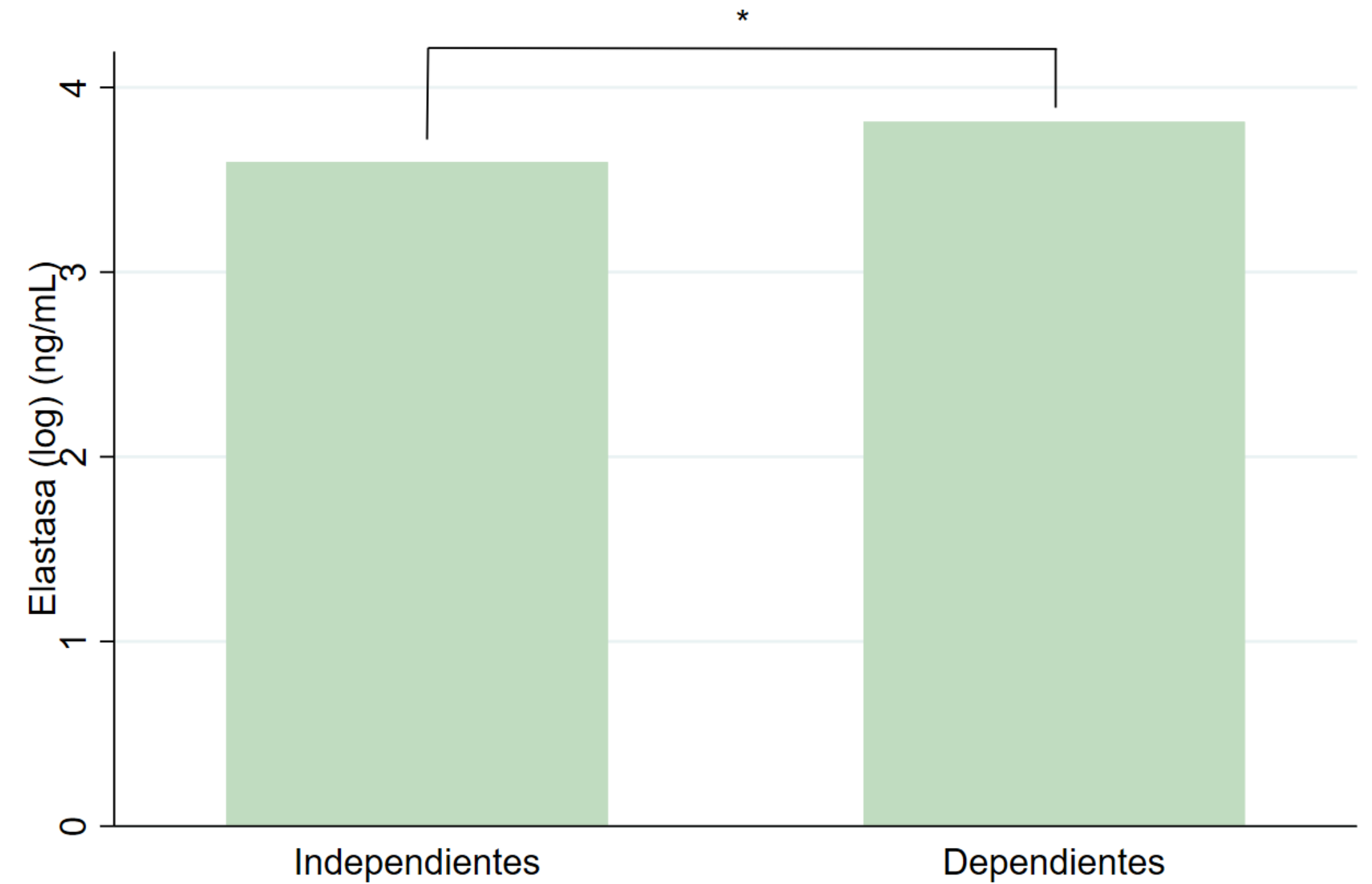
Variables	Cases	N	3-month mRS ≤ 2 (Functionally Independent)	N	3-month mRS $\geq 3 < 6$ (Functionally Dependent)	p-value
Admission NETs markers (Plasma), Mean (SE)						
Citrullinated-Histone H3 (log)	Total	92	0.67 (0.12)	41	0.455 (0.12)	0.229
	Atherothrombotic	30	0.17 (0.17)	9	0.55 (0.24)	0.256
	Cardioembolic	40	0.62 (0.17)	18	0.70 (0.17)	0.785
cfDNA (log)	Total	131	6.67 (0.01)	51	6.62 (0.02)	0.084
	Atherothrombotic	43	6.67 (0.02)	13	6.68 (0.04)	0.847
	Cardioembolic	50	6.64 (0.02)	24	6.64 (0.03)	0.990
Neutrophil Elastase (log)	Total	128	3.59 (0.05)	53	3.81 (0.10)	0.042
	Atherothrombotic	44	3.48 (0.07)	14	3.81 (0.22)	0.083
	Cardioembolic	51	3.66 (0.08)	24	3.74 (0.17)	0.626
Myeloperoxidase (log)	Total	132	4.11 (0.06)	49	4.28 (0.12)	0.173
	Atherothrombotic	45	3.98 (0.09)	12	4.67 (0.32)	0.006
	Cardioembolic	50	4.18 (0.10)	23	4.15 (0.16)	0.900

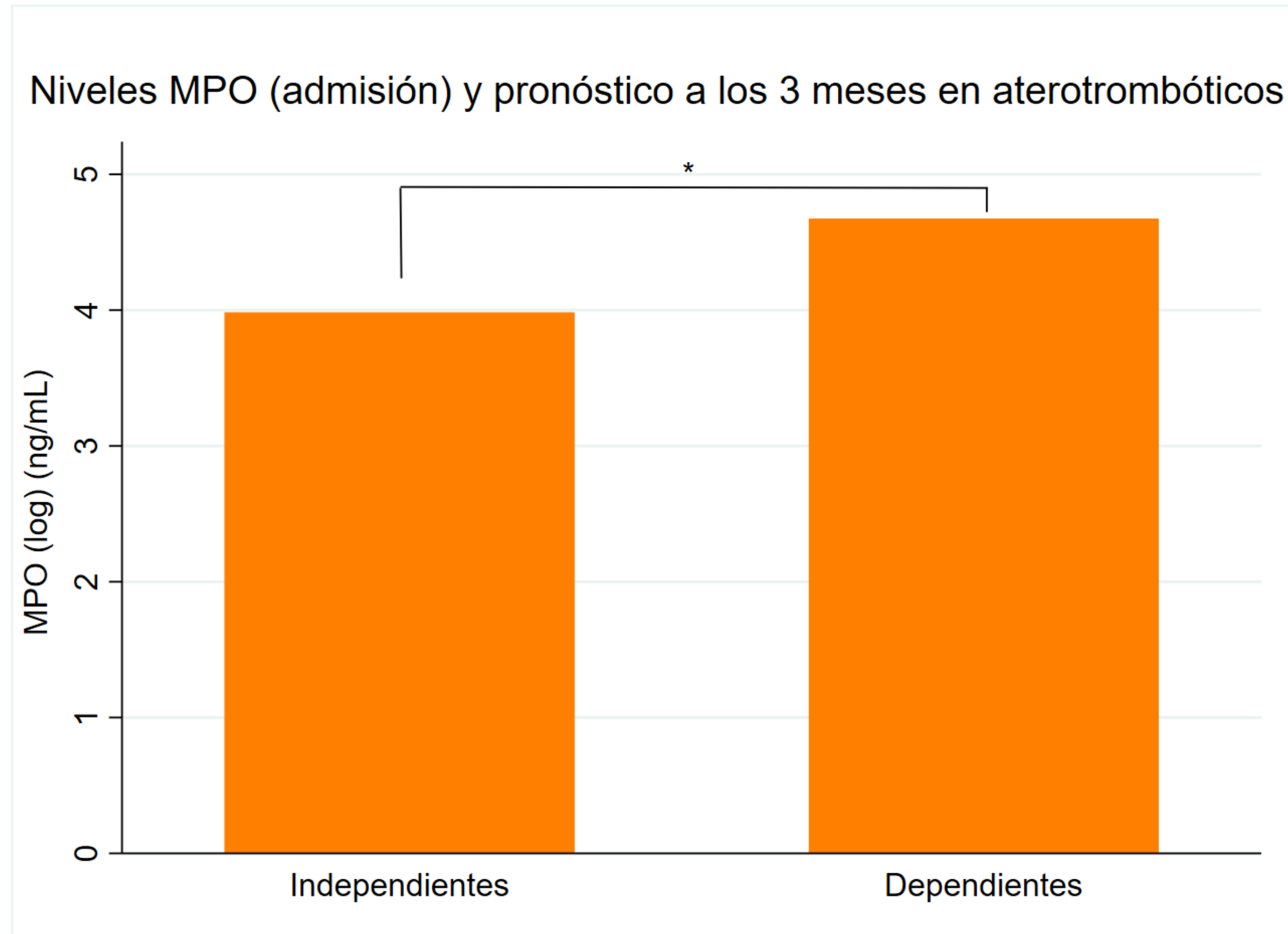
Student's t-test ($p^* \leq 0.05$)

Niveles MPO (admisión) y pronóstico a los 3 meses

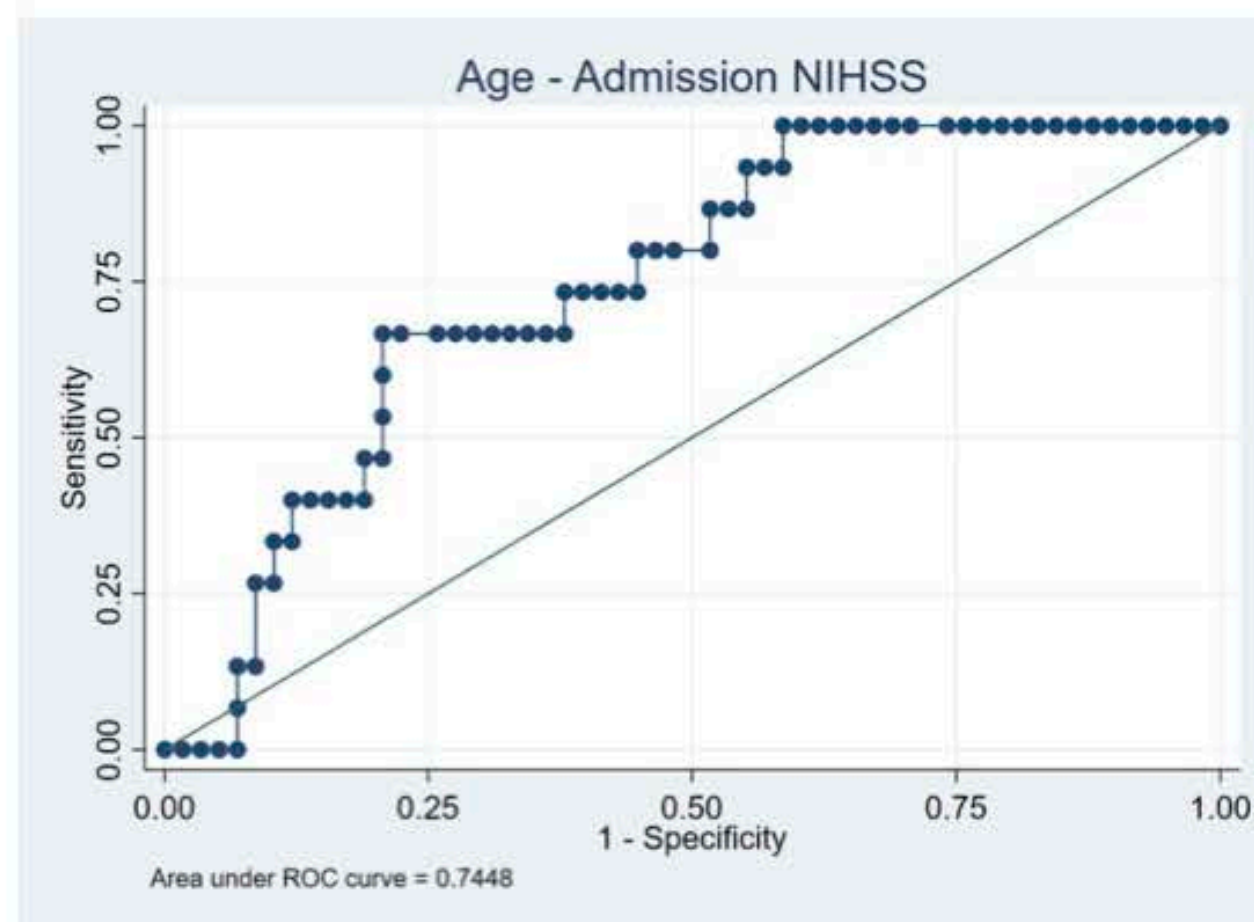


Niveles Elastasa (admisión) y pronóstico a los 3 meses

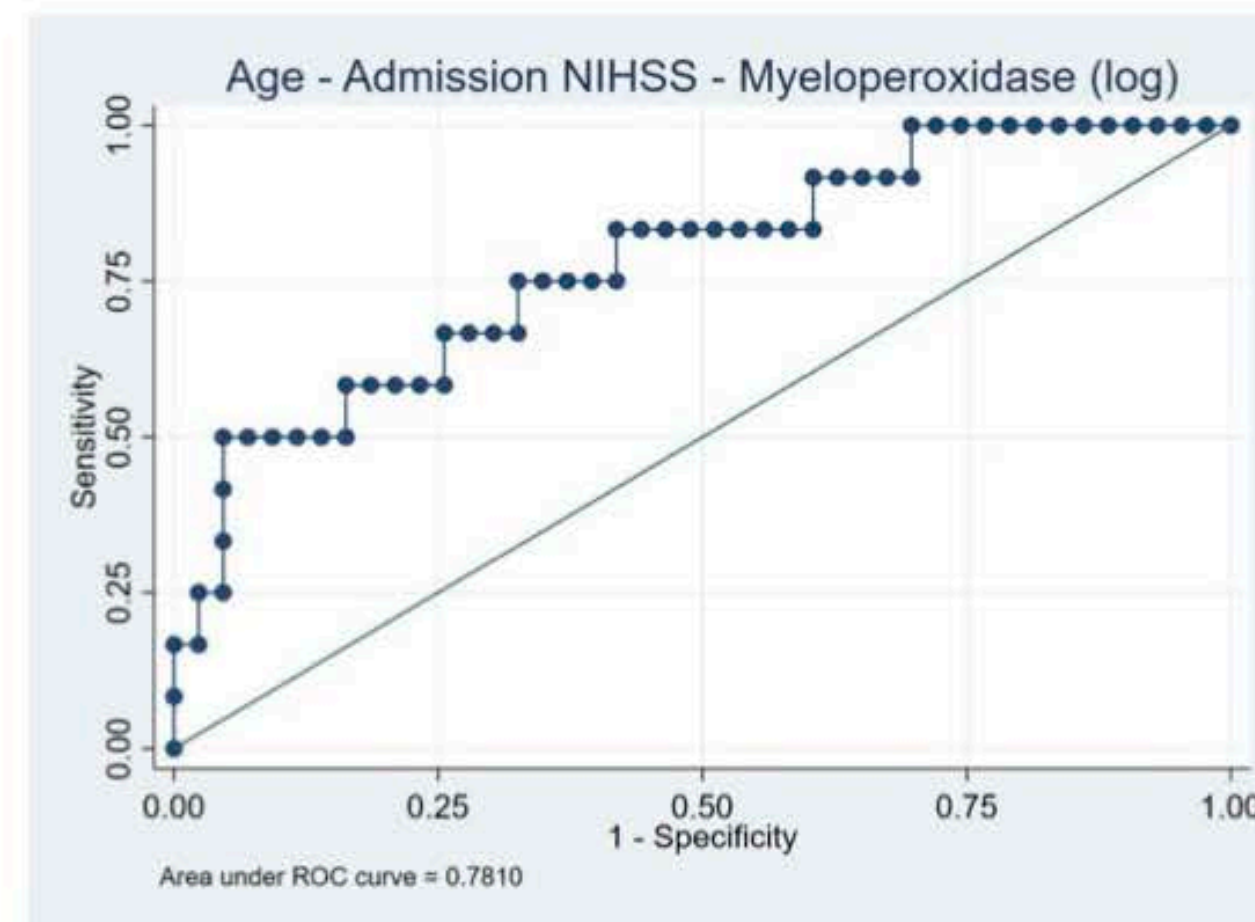




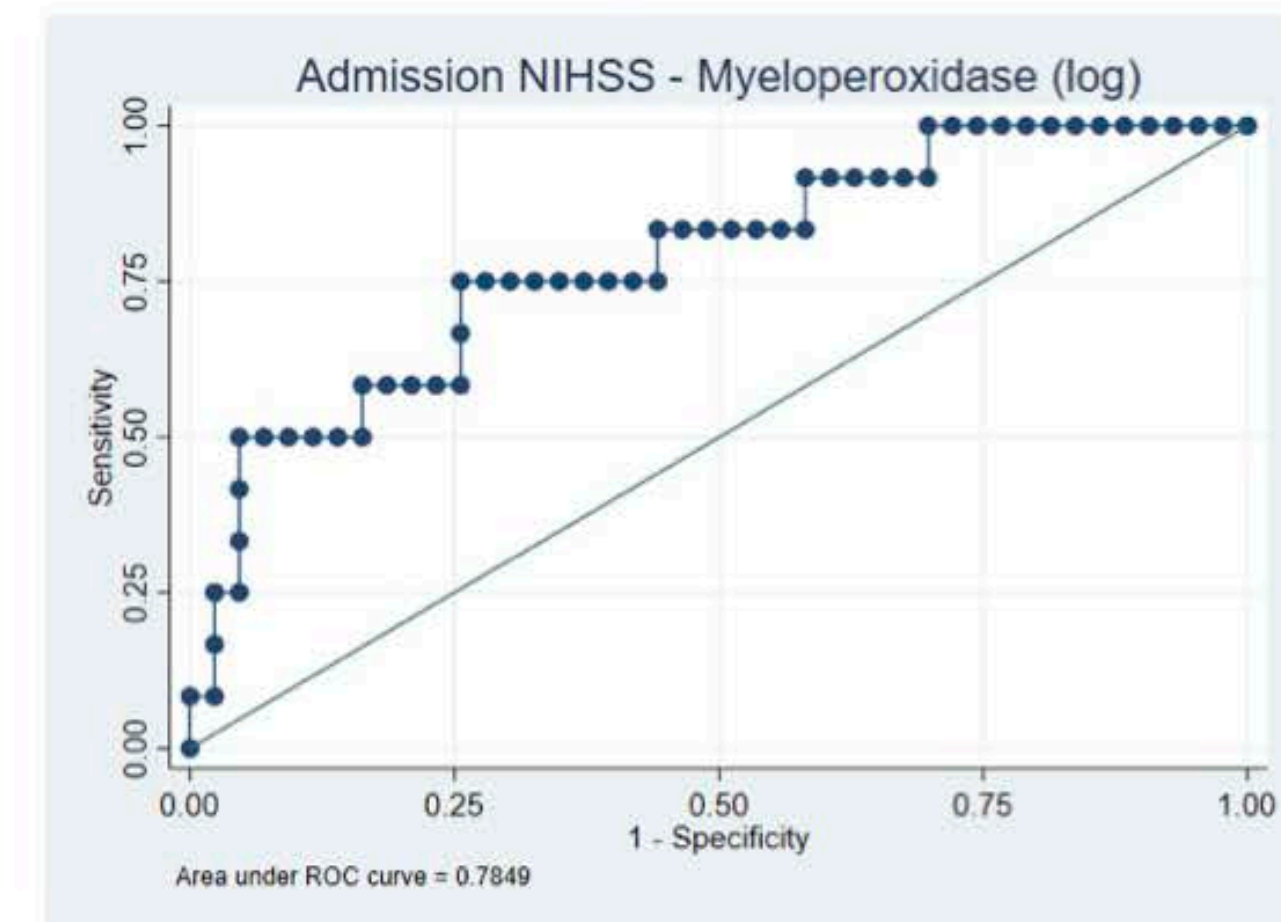
Modelos multivariados para predecir dependencia a los 90 días en ictus aterotrombótico



Variable	Odds Ratio	95% CI	p-value
Age	1.012	0.95 – 1.07	0.668
NIHSS (admission)	1.105	1.01 – 1.19	0.015
C-statistic: 0.7448			



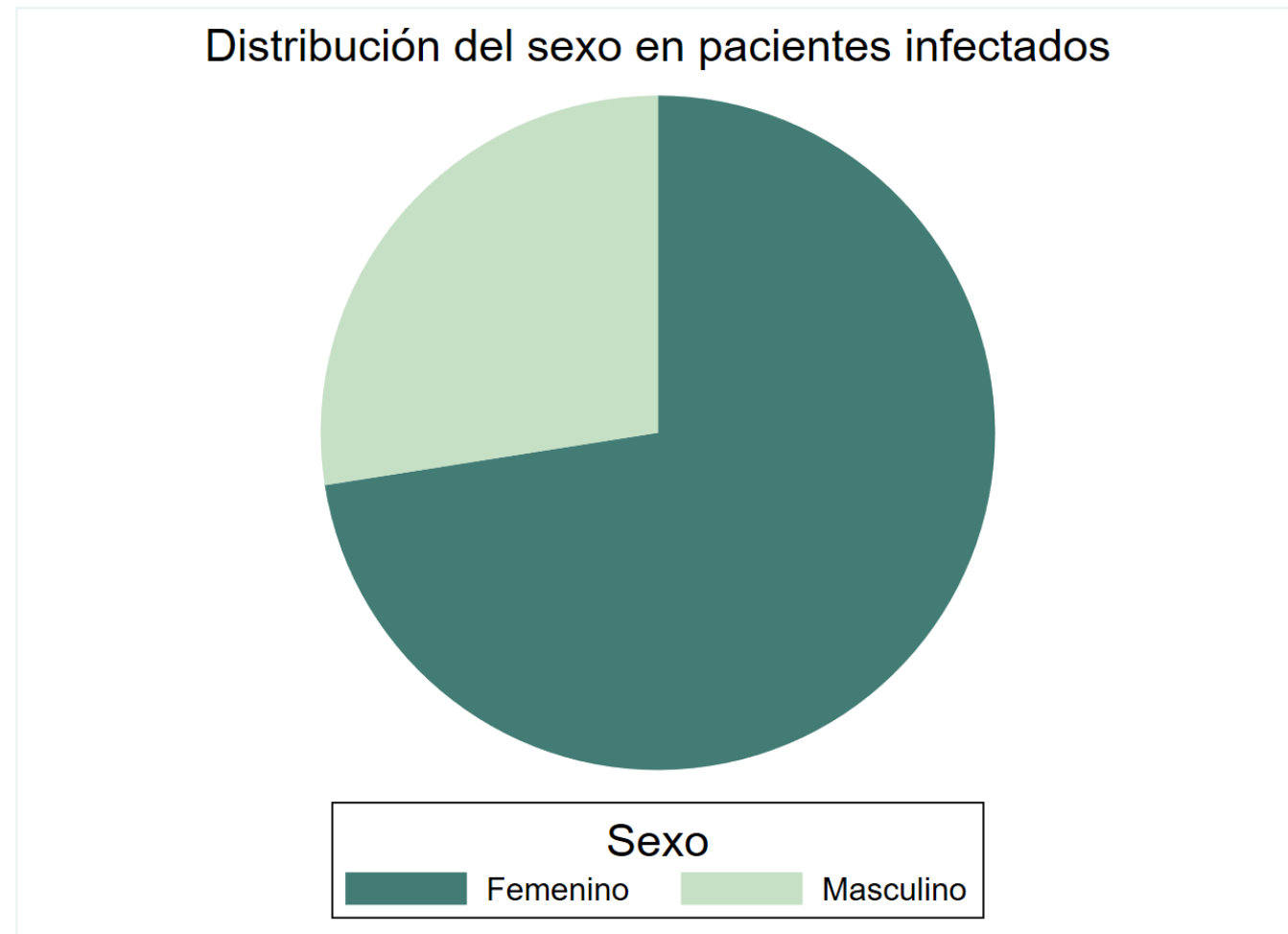
Variable	Odds Ratio	95% CI	p-value
Age	1.006	0.94 – 1,07	0.838
NIHSS (admission)	1.093	0.98 – 1.21	0.090
MPO (log)	3.077	1.22 – 7.71	0.017
C-statistic: 0.7810			



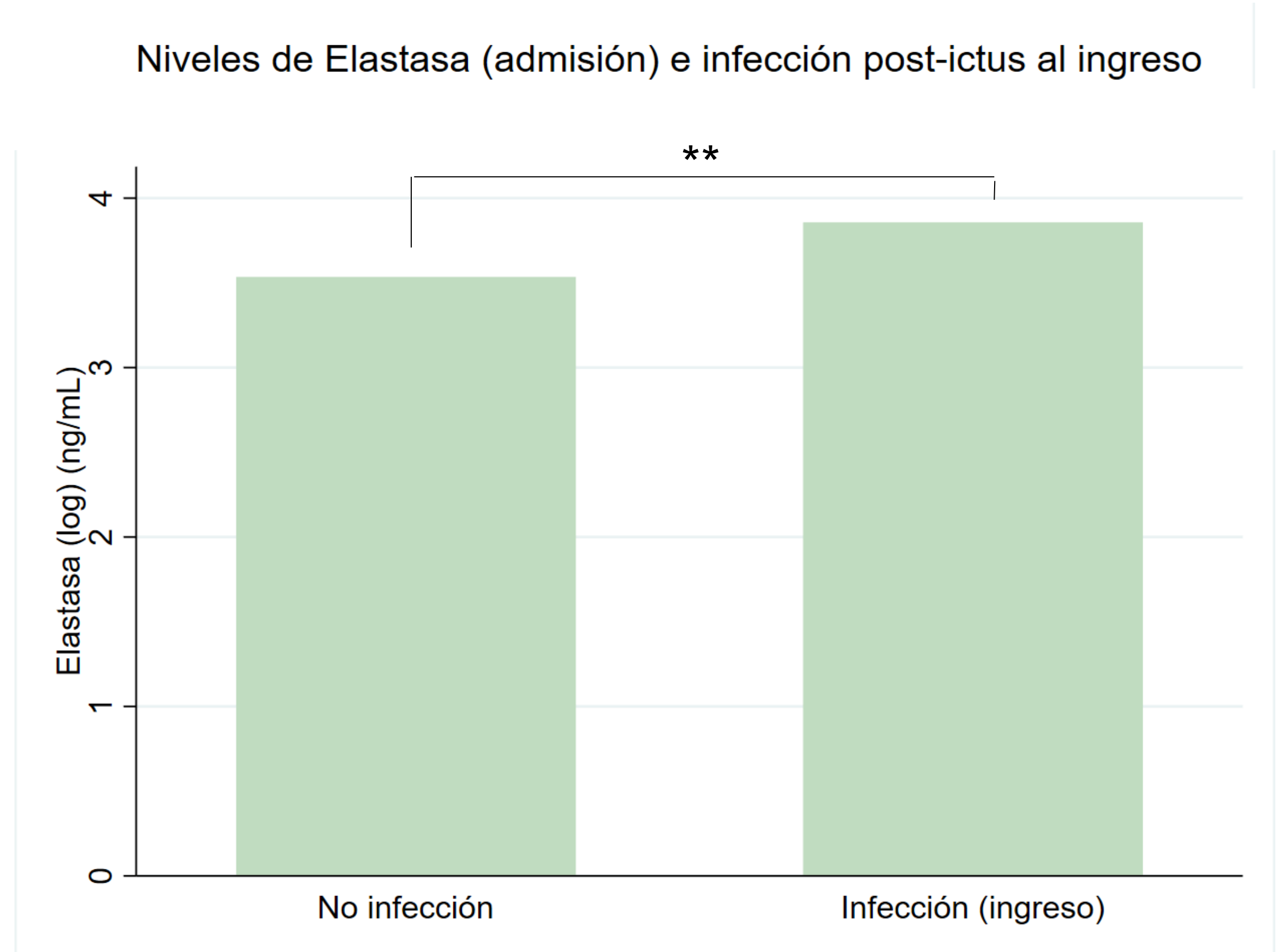
Variable	Odds Ratio	95% CI	p-value
NIHSS (admission)	0.991	0.95 – 1.21	0.073
MPO (log)	3.078	1.21– 7.77	0.017
C-statistic: 0.7849			

Regresión logística binaria

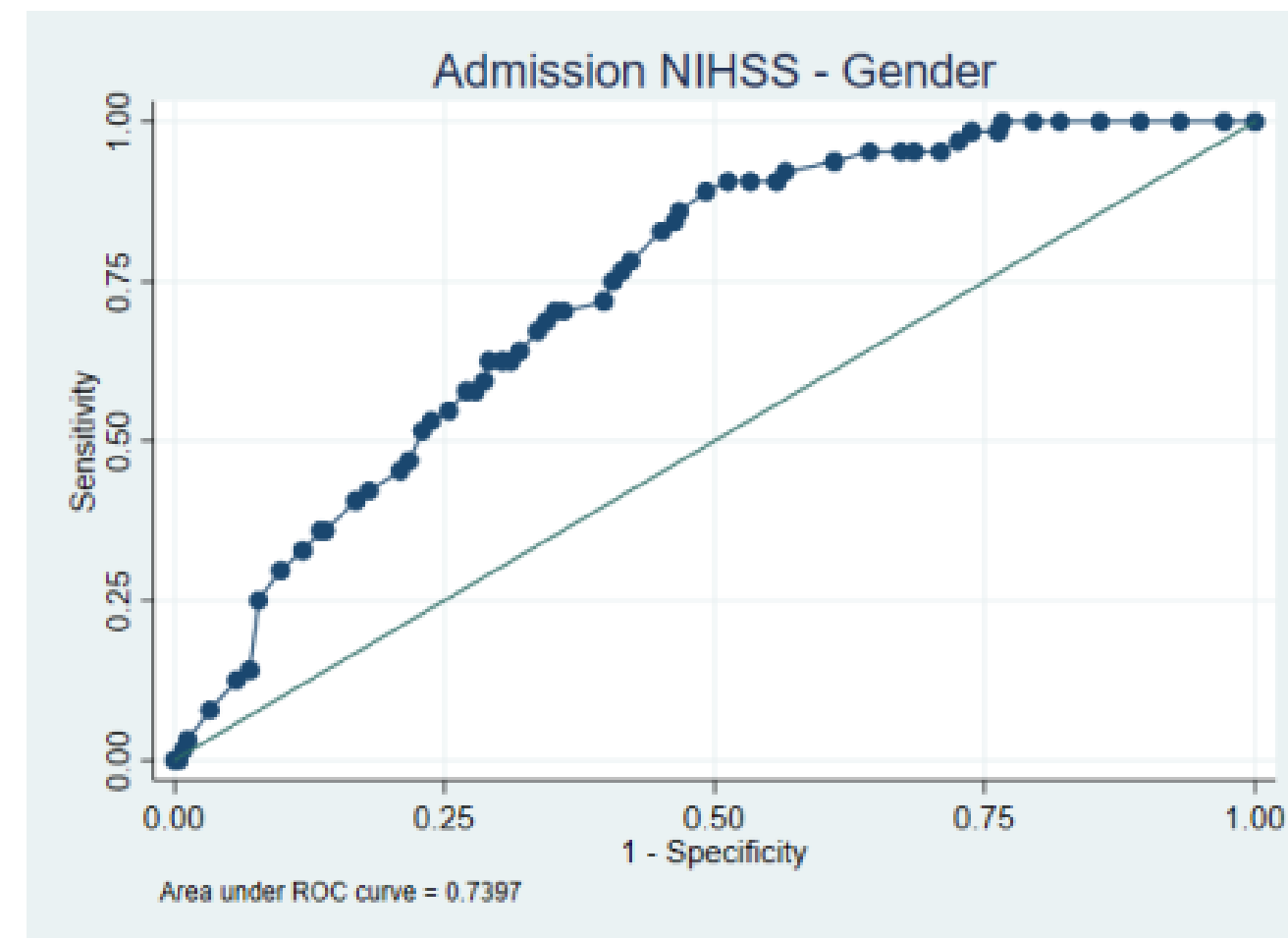
NETs como biomarcadores de infección



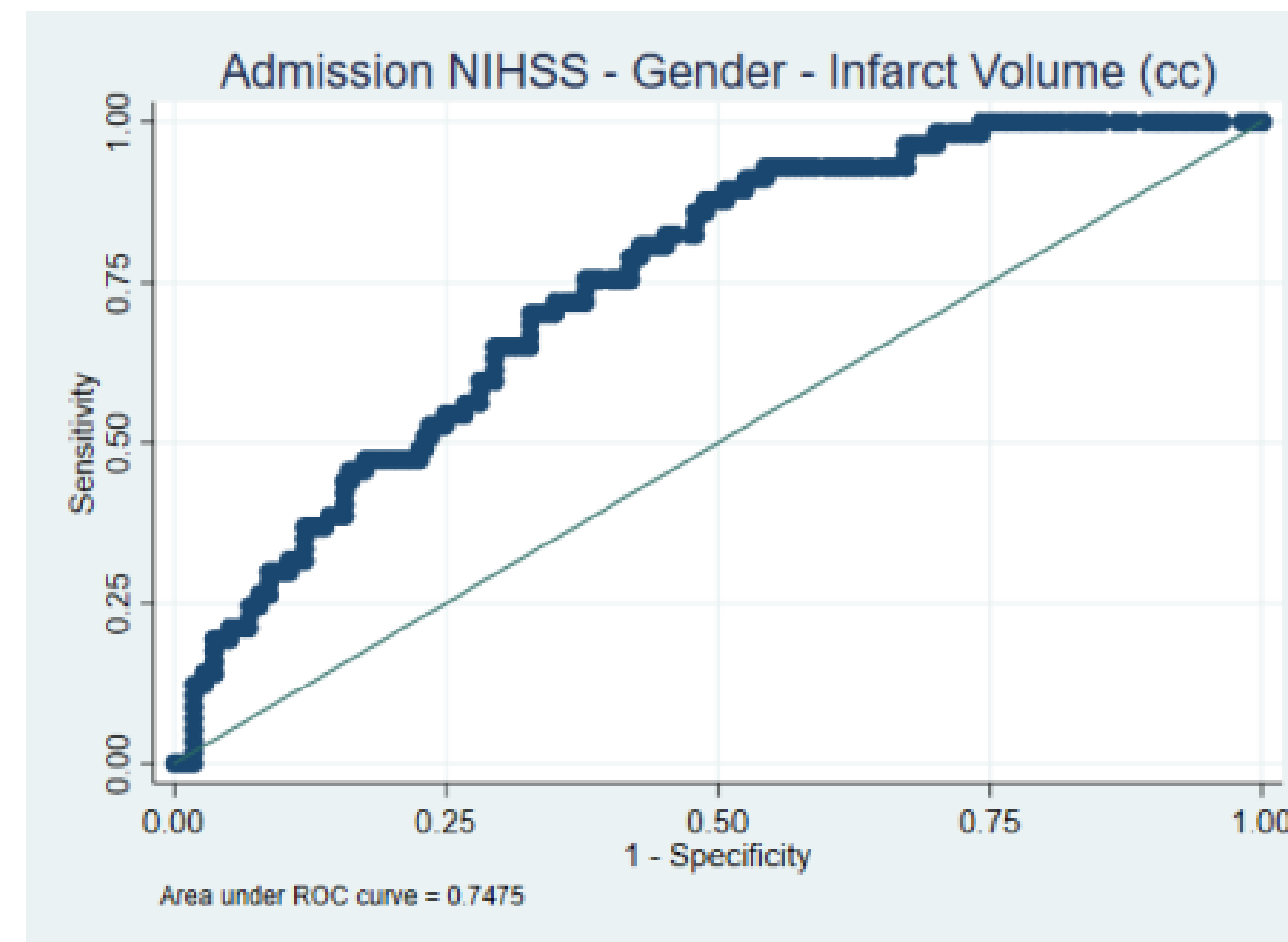
	Varones N=152	Mujeres N=177	p-value
Infecciones	18 (12.33%)	47 (27.49%)	<0.001
Tipo de infección			0.40
ITUs	5 (27.78%)	9 (19.57%)	
Neumonía	10 (55.56%)	20 (43.48%)	
Otras infecciones	1 (5.56%)	10 (21.74%)	
Múltiples infecciones	2 (11.11%)	7 (15.22%)	



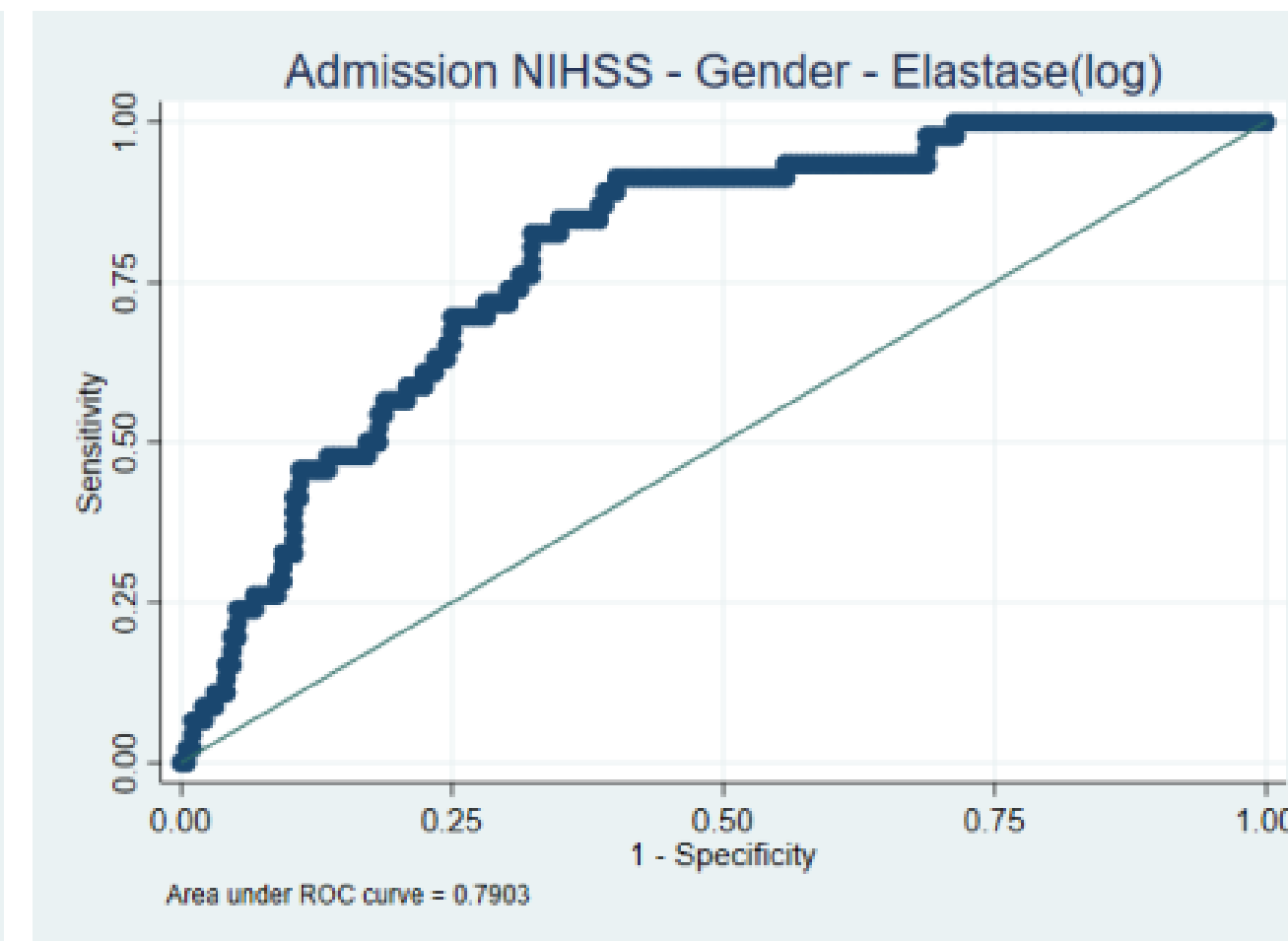
Modelos multivariantes para predecir infección post-ictus en el ingreso



Variable	Odds Ratio	95% CI	p-value
NIHSS (admission)	1.09	1.05 - 1.14	<0.001
Female Gender	2.10	1.12 - 3.94	0.02
C-statistic: 0.7397			



Variable	Odds Ratio	95% CI	p-value
NIHSS (admission)	1.09	1.05 - 1.14	<0.001
Female Gender	2.10	1.12 - 3.94	0.02
Infarct Volume (cc)	1.002854	0.99 - 1.00	0.189
C-statistic: 0.7475			



Variable	Odds Ratio	95% CI	p-value
NIHSS (admission)	1.10	1.04 - 1.15	<0.001
Female Gender	3.32	1.46 - 7.51	0.04
Elastase (log)	1.80	1.05 - 3.08	0.032
C-statistic: 0.7903			

Biomarcadores

- **MPO y Elastasa** están probando ser mejores marcadores de NETosis en plasma en nuestra cohorte (vs. cfDNA y citH3)

Dependencia a los 90 días

- **Los NETs** son mejores **marcadores pronósticos** en ictus **aterotrombótico** (vs. Cardioembólico)

Infección durante el ingreso

- Niveles de **Elastasa** al ingreso podrían predecir el desarrollo de **infecciones** durante la estancia hospitalaria

Conclusiones

- De esta manera, se confirma su importancia en la fisiopatología del ictus isquémico

Introducción

Proyecto NETsTROKE

Futuras
perspectivas

Diseño

Muestras y ensayos

Resultados Preliminares

Aumentar número
de muestras
(colaboración con
otros hospitales)

Publicar
resultados

Análisis
proteómico de
trombos

Análisis
histopatológico de
trombos

Medición de NETs
mediante
citometría y
Western Blot

Plantear estudios
clínicos

GRACIAS POR SU ATENCIÓN

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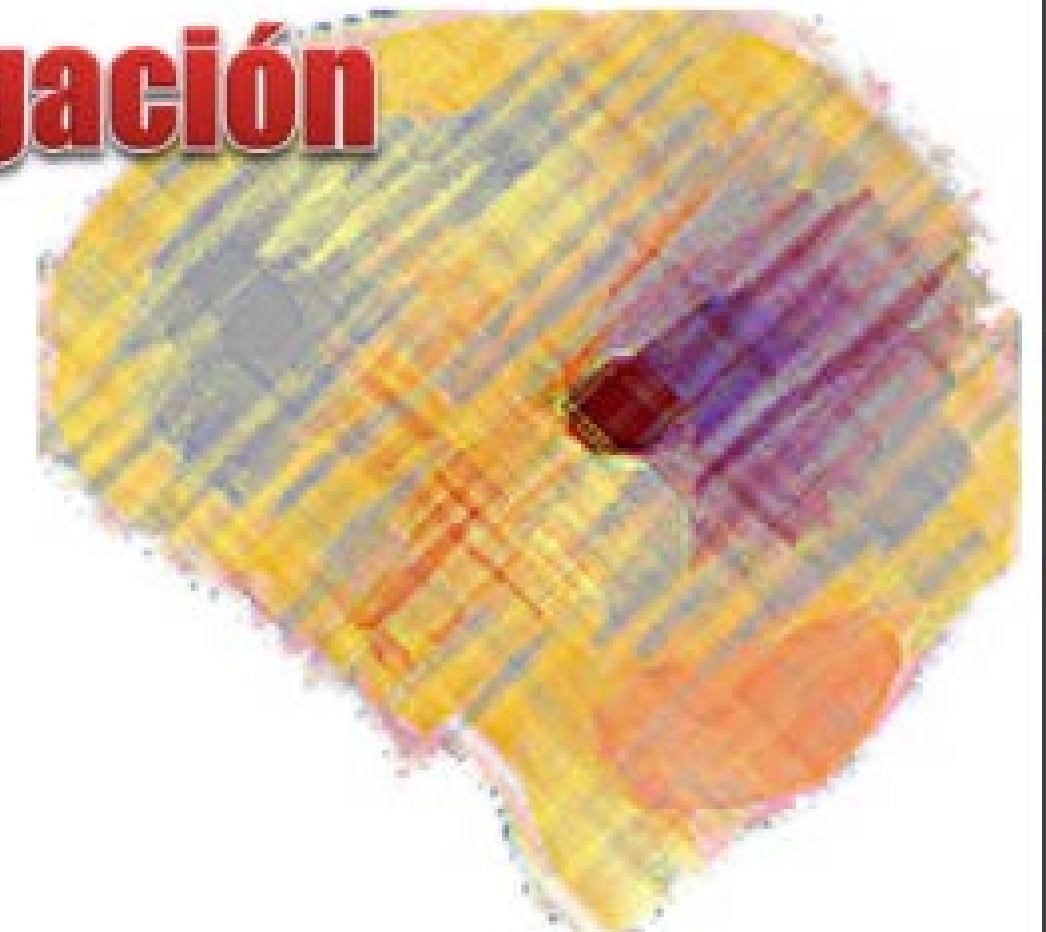
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