

# International Symposium on Ageing

October 1, 2026  
CIB Margarita Salas  
9:00-13:00 h

Registration:  
[t.ly/mBWGr](https://t.ly/mBWGr)

8:55 Opening. Pilar S. Testillano (Director of CIB Margarita Salas)

## Session I. Chair: Ana O'Loughlen

9:00 Luigi Ferrucci (NIA, NIH, USA)

A quest for more knowledge about the physiology of aging

9:30 Rafael de Cabo (NIA, NIH, USA)

The timescales of aging: from daily fasting to lifespan dynamics

10:00 Victoria Acosta Rodriguez (NIA, NIH, USA)

Importance of circadian physiology in health and disease

10:30 Ignacio Benedicto (CIB, Madrid)

Age-dependent downregulation of endothelial lamin A/C promotes cardiovascular disease

11:00 Coffee Break

## Session II. Chair: Ignacio Benedicto

11:30 Ana O'Loughlen (CIB, Madrid)

Resolvin(g) senescence and aging

12:00 Isabel Beerman (NIA, NIH, USA)

Epigenetic regulation of aging hematopoietic stem cells

12:30 Maria Mittelbrunn (CBMSO, Madrid)

T cells as key regulators of aging



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Subway: Vicente Aleixandre (line 6)

Bus: 132, F, C1 y C2



Organizers:

Ana O'Loughlen

Ignacio Benedicto

